

Greystones AC- IMC Meet Sat 4th May 2019- Res

3k A- 1						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	153	0	Travers	John	Donore harriers	8:02.36
2	151	0	Landers	Damien	Ennis Track Club	8:18.42
3	152	0	Murchan	Pierre	Dublin City Harriers	8:20.07
4	134	0	Moriarty	Kevin	Raheny Shamrock AC	8:24.31
5	143	0	Byrne	Mitchell	Rathfarnham WSAF	8:25.03
6	141	0	Kilrehill	Keelan	Moy Valley A.C	8:25.07
7	137	0	Coffey	Shane	Naas AC	8:25.49
8	150	0	McPhillips	Cian	Longford AC	8:27.79
9	147	0	O'donnell	Paul	DSDAC	8:29.56
10	142	0	Battle	Jamie	Mullingar harriers	8:30.26
11	145	0	Guiden	Ian	Clonliffe	8:31.75
12	140	0	Moran	Padraig	Mullingar Harriers	8:32.18
13	146	0	Corbally	Robert	Dundrum South Dublin A	8:33.26
14	135	0	McNiff	Patrick	Newcastle AC	8:36.91
15	149	0	Moran	Thomas	Dunshaughlin A C.	8:45.14
16	148	0	Devane	Donal	Ennis track	8:48.69
17	136	0	Brennan	Aaron	GCH	8:52.23
18	139		Maguire	Conor	Monaghan	8:55.04
19	138	0	Connick	Andrew	Ferrybank AC	TBC
3k A 2						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	162	0	McCambridge	Tony	St. Malachy's AC	8:41.84
2	168	0	Ferris	Adam	St.Malachy's AC	8:47.00
3	166	0	Taggart	Eoin	Clonliffe Harriers	8:48.20
4	170	0	Daly	Finley	Sligo AC	8:49.01
5	156	0	Madigan	Damien	North Cork A.C	8:50.39
6	169	0	Gracey	Peter	Beechmount Harriers	8:56.29
7	158	0	Devaney	Thomas	Castlebar AC	8:56.36
8	160	0	Hanrahan	Mark	Ennis Track	8:56.91
9	165	0	Murphy	Tim	Mullingar Harriers	8:59.65
10	163	0	Roarty	Liam	Clonliffe Harriers AC	9:02.86
11	167	0	Fitzgerald	William		9:05.85
12	161	0	Moroney	John	Galway City Harriers	9:06.08
13	159	0	McMeekin	Matthew	Sligo AC	9:07.71
14	171	0	Kiely	Michael	Crusaders AC	9:08.13
15	157	0	Morrissey	Eamonn	Dundrum AC	9:26.30
16	155	0	McGrath	Ian	Sli Cualann	9:26.60
	154	0	Fleming	Paul	Rathfarnham WSAF	

3k B						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	178	0	Johnston	Luke	Moy Valley AC	9:35.42
2	185	0	Hartnett	Ellie	UCD AC	9:35.62
3	183	0	Cleary	Barbara	Donore Harriers	9:38.75
4	188	0	Nolan	Cheryl	St. Abbans	9:43.15
5	187	0	Shaughnessy	Laura	GCH	9:44.51
6	182	0	Mc Dermott	Joseph	Crusaders	9:46.91
7	189	0	Ryan	Meghan	DSD AC	9:47.87
8	179	0	Kontro	Hilkka	Limerick AC	10:07.94
9	175	0	Whelan	Fran	Dunleer Ac	10:09.11
10	177	0	Moloney	Sorcha	Ballyroan AC	10:11.01
11	173	0	O?brien	Aoife	Westport AC	10:23.63
12	180	0	Treacy	Roisin	Ashford ac	10:24.12
13	181	0	Murray	Orna	Ferrybank AC	10:27.62
14	172	0	Healy	Laura	ennis track	10:35.64
1500m Women						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	112	0	Power	Nadia	Templeogue AC	4:21.07
2	115	0	Finn	Michelle	Leevale AC	4:24.23
3	109	0	Allen	Niamh	Crusaders AC	4:27.84
4	113	0	McCann	Jodie	Dublin City Harriers	4:28.57
5	110	0	Hayde	Aimee	Newport AC, Co Tipperari	4:31.70
6	107	0	Kearney	Niamh	Sli Cualann	4:33.44
7	111	0	Gibson	Rachel	North Down AC	4:33.87
8	108	0	Lally	Alanna	UCD AC	4:37.16
9	105	0	Donegan	Nadine	Tullamore	4:38.11
10	104	0	Gilshinan	Anne	Slaney Olympic	4:45.65
11	103	0	Laverty	Cara	City of Derry	4:47.02
12	102	0	Moran	Ellen	Leevale	4:48.13
13	101	0	McEvoy	Annie	Kilkenny City's Harriers	4:51.19
14	100	0	McDermott	Eala	South Sligo ac	5:13.17
1500m A Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	16	0	McCann	Luke	Dublin City Harriers	3:43.32
2	17	0	Fay	Brian	Raheny Shamrocks	3:44.58
3	15	0	Doyle	Cathal	Clonliffe Harriers	3:44.74
4	7	0	McGinley	Alan	Lifford Strabane A.C	3:59.05
5	8	0	McKenna	Christian	DSD	3:59.36
6	12	0	Doherty	Cillian	Rathfarnham WSAF	3:59.98
7	13	0	Mauer	Benjamin	Athlé Provence Club	4:01.31
8	5	0	Morgan	Michael	Sligo AC	4:02.46
9	2	0	Maher	Jack	GCH	4:02.84

10	1	0	Byrne	Lee	Rathfarnham W.S.A.F A.	4:06.16
11	6	0	Miskella	Jack	Craughwell A.C.	4:06.33
12	4	0	Frizzell	James	Galway city Harriers	4:06.81
13	11	0	Catteau	Louis	AS Monaco	4:09.94
14	9	0	Hughes	William	Thurles Crokes AC	4:13.11
1500m B Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	10	0	Connolly	Tommy	Leevale	4:03.30
2	133	0	Ryan	Michael	Donore Harriers	4:04.42
3	125	0	Keane	Néill	Galway City Harriers	4:09.21
4	123	0	Kiely	Adam	Leevale ac	4:09.83
5	129	0	Carrigg	Sean	Clonliffe Harriers	4:10.42
6	131	0	O'conor	Michael	Crusaders	4:10.72
7	128	0	Leen Smith	Ben	Leevale AC	4:11.66
8	124	0	Murphy	Barry	Galway City Harriers	4:12.16
9	126	0	O'Neill	Shane	Rathfarnham WSAF	4:12.78
10	132	0	Cotter	Sean	Craughwell AC	4:16.10
11	117	0	O'Brien	Dylan	Raheny Shamrocks	4:19.39
12	118	0	Clavin	Barry	Corran ac	4:21.57
13	119	0	McKenna	Andrew	Monaghan Phoenix	4:23.39
14	116	0	Mullen	Lorcan	Mullingar Harriers	4:23.79
15	122	0	Grummell	Tim	Sli Cualann ac	4:26.37
16	121	0	Brennan	Aaron	Corran Ac	4:27.89
800m Women A						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	79	4	Shanahan	Louise	Leevale AC	2:08.36
2	78	4	Keane	Jo	Ennis Track	2:09.77
3	77	3	Neely	Kelly	City of Lisburn AC	2:09.83
4	80	5	Sweeney	Carla	Rathfarnham wsaf	2:10.53
5	76	2	O'Connor	Ava	Tullamore Harriers	2:11.71
6	82	6	Horgan	Mary	Crusaders AC	2:14.34
7	74	1	Nurse	Kate	Suncroft AC	2:15.14
8	85	2	Holmes	Lucy	West Waterford AC	2:15.26
9	75	2	Kenny	Corrine	St Laurence O Tooles AC	2:17.44
800 Women B						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	89	5	Stewart	Aela	City of Derry AC Spartar	2:14.61
2	86	3	Earls	Claire	Sli Cualann	2:14.87
3	87	4	Conway	Ellis	Carrick on Shannon	2:16.42
4	83	1	Streimikyte	Greta	Clonliffe harriers	2:18.46
5	84	2	Brannigan	Maebh	Galway City Harriers	2:19.68

6	88	4	O'toole	Ellie	Newbridge AC	2:27.03
800 Women C						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	95	3	Tinkler	Lauren	Celbridge AC	2:21.66
2	96	4	Gaffney	Sinead	Craughwell AC	2:23.21
3	97	5	Dunne	Maria	St. Laurence O'Toole	2:27.77
4	93	2	McCabe	Amy	Rathfarnham WSAF	2:30.02
5	94	2	Waldron	Emily	Enniscorthy Athletics Clu	2:30.07
6	98	5	Buckley	Lydia	Tullamore Harriers	2:30.50
7	99	6	Corrigan	Sian	Tullamore Harriers	2:31.14
8	92	1	Sutton	Ellie-Mai	GCH	2:48.96
800 A Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	50	3	O'Loughlin	Louis	Donore Harriers	1:51.24
2	52	4	Meldon	Aengus	DSD	1:52.33
3	51	4	Surlis	Roland	Annalee AC	1:53.51
4	53	5	Kilgannon	Peter	Ratoath AC	1:53.62
5	49	2	Warne	Joe	Doheny AC	1:54.04
6	48	2	O'Hare	Fearghal	Crusaders AC	1:54.16
7	54	5	Marron	Philip	Ratoath AC	1:54.42
8	55	6	Deasy	Ben	Ennis Track	1:57.47
9	47	1	Doherty	Leo	Sligo AC	1:59.05
800 B Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	63	5	Carroll	Fionn	clonliff	1:57.94
2	62	5	O'shea	Joseph	Ashford a.c	1:58.19
3	58	2	Hyland	Ronan	Tullamore harriers	1:59.79
4	60	4	Mc Callion	John	Letterkenny A.c.	2:00.82
5	59	3	laadjel	abdel	donore	2:01.16
6	61	4	Willis	Matthew	Lagan Valley AC	2:01.63
7	56	1	Jordan	Jarlath	Clonliffe Harriers	2:04.03
800 C Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	71	5	Fallon	Keith	GCH	1:56.28
2	66	2	Hanly	Shane	St Brigid's Athletic Club	1:59.29
3	68	3	Wright	Stephen	Willowfield T Harriers	2:00.18
4	69	4	Ralu	Amaury	Calry A.C.	2:03.70
5	65	1	McLoughlin	Dion	Corran A.C	2:03.71
6	70	4	O'connor	Jack	Leevale AC	2:03.96
7	72	6	Rebegea	Robert	MSB	2:04.07

8	67	2	Clavin	Ben	Corran ac	2:12.62
400m Women						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	44	3	Daly	Miriam	Carrick-on-Suir	56.14
2	46	5	Brown	Molly	Metro St Brigids	57.96
3	45	4	Cronin	Caoimhe	Le Chéile	58.75
4	37	6	Doyle	Isabelle	Rathfarnham A.C	1:00.20
5	43	2	McShane	Angeline	City of Derry Spartans A	1:02.85
6	33	1	Kearney	Carol	Lucan hars	1:12.62
400m Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	42	4	Byrne	Robert	Brothers Pearse AC	51.21
2	40	3	Courtney	Joshua	Ballymena Runners	52.68
3	29	5	Dempsey	Ronan	Greystones	53.16
4	32	6	Shanley	Eoghan	Lucan Hars	54.50
200m Men A						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	23	3	Gaffney	Stephen	Rathfarnham WSAF	21.91
2	27	2	McDermott	Paul	Donore Harriers	22.28
3	28	4	Cadden	Aaron	Sligo ac	22.52
4	24	6	Holden	James	DSD	22.63
5	22	5	Erugo	Jonah	Galway City Harriers	23.07
6	26	1	Sexton	Paul	Annalee a.c	23.25
			wind -1.6 m/s			
200m Men B						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	29	2	Dempsey	Ronan	Greystones	23.64
2	30	3	Kiernan	Brian	Ratoath AC	23.70
3	31	4	Daly	Aodhan	Sli Cualann	24.74
4	32	6	Shanley	Eoghan	Lucan Harriers	25.24
5	20	5	Sullivan	James	DSD	26.05
			wind -1.5 m/s			
200m Women						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	34	2	Moore	Ciara	St LaurenceO'Tooles	26.02
2	35	3	Freeman	Ara	Sli Cualann	26.33
3	38	6	Lahiff	Sarah	Donore Harriers	27.62
4	36	4	McPartlan	Eva	Donore Hars	27.98

5	39	5	colfeer	caithlin		28.63
6	33	1	Kearney	Carol	Lucan	30.81
			wind -1.5 m/s			
100m Men						
Rank	Bib	Lane	Last name	First name	Club	Run time
1	23	4	Gaffney	Stephen	Rathfarnham WSAF	10.95
2	25	6	Issah	Rayhan	Brothers Pearse AC	11.32
3	22	3	Erugo	Jonah	Galway City Harriers	11.37
4	24	5	Holden	James	DSD	11.41
5	20	2	Sullivan	James	DSD	12.81
			wind -1.2m/s			
Shot						
Ben	Prenter	Lucan Harriers				
1	x					
2	10.21					
3	x					
4	9.91					
5	10.25					
6	10.39					
Long Jump						
Aodhan	Daly	Sli Cualann				
1	5.57					
2	5.47					
3	5.66					
4	5.63					
5	4.89					
6	5.67					

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